



*I wish for an adaptive
tandem bike*

Brendan, 17
nervous system disorder



Make-A-Wish®
ARIZONA

SUPER STAR WISH GUIDE

DEAR SUPER STAR,

Congratulations! You are going to have a wish granted that is just for you!

We have created a special Wish Game that, with the help of your family and other important people in your life, like your physical therapist or teacher, will help you consider all the things you like to do for fun and what makes you happy because those things make for perfect wishes!

Use this quiz and your creativity to create your own unique wish!

Below are tips to help you get started:

- In addition to your family, have your physical, occupational, behavioral therapists and teacher complete the quiz by themselves or with your family.
- Complete the quiz with your family when you are most relaxed, like after a bath or before bed.
- Look at all the different wish categories, especially the ones listed under your favorite activities.
- Have your family write down two to three wish ideas

Your volunteer wish granters will meet you soon! They want to learn about all your wish ideas and will want to know why they are your favorite.

Your volunteer wish granters will share your wish ideas with Make-A-Wish Arizona staff who will help plan your wish. Each wish goes through an approval process* so it might take some time to create your perfect wish!

A wish is filled with fun and excitement, and we are here to help! Happy Wishing!

From,

Your Friends at Make-A-Wish Arizona

*I wish to
have a puppy*

Zane, 12
genetic disorder



**Each wish idea goes through an approval process based on many factors such as safety, medical approval, and age appropriateness. Your Make-A-Wish Arizona team will inform you of the approval process and next steps.*

THE WISH QUIZ

Chose the answer that best describes you.

1. What makes you the happiest?

- a. Exploring my environment or manipulating toys, objects, etc.
- b. Moving my body (i.e., clapping, dancing, hugging, going for walks, climbing, etc.)
- c. Being read to or talked to by my family, therapists, or teachers
- d. Watching educational videos or playing on a tablet or computer game

2. What experiences/activities do you feel will benefit you the most from?

- a. Having a calming or stimulating space at home to relax and learn
- b. Utilizing adaptive equipment to help me move my body indoors or outdoors
- c. Opportunities/devices to work on speech/language/communication
- d. Being introduced to new learning experiences

3. When are you the calmest?

- a. During bath time
- b. After physical, occupational, play, behavioral therapy sessions or after school
- c. When there is music playing or while playing/watching videos, tablet, or computer games
- d. When my teacher or family member is working with me on strengthening a skill or teaching me a new skill

4. When inside, what is your favorite activity?

- a. Manipulating or looking at toys with bright colors and lights
- b. Moving around the house or learning to sit, crawl, climb, or walk on my own
- c. Listening to music or singing with my family, or watching my favorite videos
- d. Playing with electronics, board games, educational toys, or using my imagination while I play

5. When outside, what is your favorite activity?

- a. Feeling the sun and wind, looking at and smelling nature or listening to the birds and neighborhood sounds
- b. Going for walks, car rides, swinging, swimming, or playing sports
- c. Playing with a tablet, interactive toys, board games or sports with my family
- d. Going to school, visiting museums, camping, or shopping with my family

6. What developmental goal have you been working on with your therapists/teacher?

- a. Providing more sensory experiences with my hearing, touching, smelling, and vision
- b. Positioning, body control, strength building, flexibility, hand or finger control
- c. Speech/language/communication
- d. Educational and play activities that focus on my understanding, memory, recognizing objects, problem solving

Quiz Key:

- If you answered mostly A, go to page 4 to see SENSORY related wishes.
- If you answered mostly B, go to page 5 to see MOVEMENT related wishes.
- If you answered mostly C, go to page 6 to see COMMUNICATION related wishes.
- If you answered mostly D, go to page 7 & 8 to see LEARNING related wishes.
- If you answered a mix of every letter, look at all the wish ideas to see if anything would excite and bring joy to your child.

SENSORY STIMULATION, RELAXATION AND SELF-REGULATION WISH IDEAS

I WISH TO...

MEET AN ANIMAL

Have a pet, go on an animal experience, have an animal themed room redo, attend classes about animals, go whale watching, have an animal themed shopping spree, have a fish tank, visit a rodeo or farm, be a veterinarian or zookeeper.

I wish to have an animal experience

Arianna, 5
nervous system disorder



CUSTOMIZE MY INDOOR SPACE

Have a massage chair, have a medical/massage bed, have a spa day, have a music room, have a musical instrument, have a home theater, have a themed room redo, have an indoor sensory room, have multisensory equipment such as an interactive sensory play table, sand therapy table, sensory seating, spinning activity toy, sensory ball pit, sensory activity wall panel.

I wish for a sensory room

Phoenix, 5
lennox-gastaut



BUILD IN THE BACKYARD

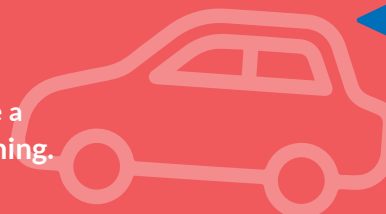
Have a backyard renovation with a sensory area, have a hot tub, have an above ground swimming pool, have a pool lift, have a splash pad, have a shopping spree for backyard items, make an area of the backyard wheelchair accessible.

EXPLORE TECHNOLOGY

Have an electronic item that focuses on stimulation or relaxation, get an adaptive gaming system, have a home theater, have an iPad, have a computer, have a gaming system, have a sensory room redo, have multi-sensory equipment such as a bubble machine, sound machine, ceiling or wall projector, light fiber optics, laser or lighted toys.

TRAVEL SAFELY

Go to a museum, go on a beach vacation, go on a RV road trip, have a staycation, go camping, visit a National Park, go hiking, go geocaching.



MOVEMENT WISH IDEAS

I WISH TO...

BUILD IN THE BACKYARD

Have a backyard renovation with sensory area, have a hot tub, have an above ground swimming pool, have a pool lift, have a splash pad, have a shopping spree for backyard items, make an area of the backyard wheelchair accessible.

I wish for a pool lift

Kameryn, 18
nervous system disorder



I wish for a playset

Alicia, 15
leukemia



GO OUTDOORS

Have an all-terrain or beach wheelchair, have a specialty stroller or walker, have an adaptive bike/tricycle, have an adaptive swing, have a rocking chair, have a gait trainer, have an activity/positioning chair, have standing equipment, have a hand therapy device.

I wish to have an adaptive bike

August, 12
seizure disorder



CUSTOMIZE MY INDOOR SPACE

Therapy equipment, indoor home gym, movement items such as foam mats, foam climbing blocks, sensory ball pit, or a spinning activity toy, or a room redo.

HAVE A SPORTS WISH

Have sports equipment, be an athlete, participate in a sporting event, have a car riding experience, go swimming, go dancing, have dance lessons, have horseback riding lessons, have a sports themed shopping spree, have sports lessons.

EXPLORE TECHNOLOGY

Have an electronic item that focuses on movement, have an adaptive gaming system, have an iPad, have a computer, have a gaming system, have a virtual reality system.

TRAVEL SAFELY

Go to a museum, go on a beach vacation, go on a RV road trip, staycation, go camping, visit a National Park, go hiking, go geocaching.

SPEECH, LANGUAGE AND COMMUNICATION WISH IDEAS

I WISH TO...

HAVE FUN WITH BEAUTY

Virtually meet a celebrity makeup artist or hair stylist, be a makeup artist or hair stylist, have a makeup studio, have a beauty themed shopping spree.



CHARACTERS

Be a favorite character or actor, have a character room redo, have items to cosplay, have a mermaid tail, have a favorite character themed shopping spree, virtually meet a character or actor, or have acting lessons.

CUSTOMIZE AN INDOOR SPACE

Have a home library, have a home theater, have a room redo.

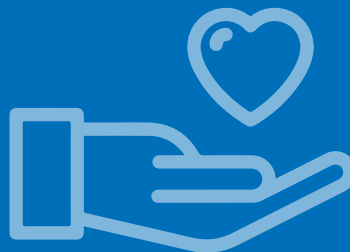
I wish for a room redo

Madison, 4
nervous system disorder



BE PHILANTHROPIC

Support a charity, school, organization or hospital that is important to you.



PLAY MUSIC

Have a music studio, have a musical instrument, be a musician, virtually meet a musician or band, have an iPad or a computer with downloaded music activities, be a singer, have a music themed shopping spree, have singing lessons, produce a song, have musical instrument lessons, have music therapy sessions, be a DJ



EXPLORE TECHNOLOGY

Have an electronic item with speech/language/communication activities, have a communication device, have a braille computer, have an iPad, have a computer, have a virtual reality system, have a home theater, have a YouTube studio, have a smart home.

I wish for a braille computer

Arianna, 16
epilepsy



LEARNING WISH IDEAS

I WISH TO...

BE ARTISTIC

Be an artist, have an art room, have an iPad or computer with downloaded art activities, have a graphic design computer, have photography or other art lessons, have art therapy sessions, virtually meet an artist, have an art supply shopping spree.



BE A CREATOR

Virtually meet an animator, be an animator, be a LEGO builder, write a book, start a YouTube channel, have an art or craft studio, have a creator themed shopping spree.



BE AROUND CARS

Have a car riding experience, take classes to learn about cars, virtually meet a celebrity race car driver or mechanic, be a race car driver, have a car themed room redo, have a car themed shopping spree.

I wish to ride in a supercar

Kavish, 6
leukemia



PLAY WITH FOOD

Have a chef experience, take cooking or baking classes, have a cooking or baking shopping spree, be a chef, be a pastry chef, virtually meet a celebrity chef or baker.

HAVE FUN WITH FASHION

Virtually meet a fashion designer, be a model, be a fashion designer, have fashion design classes, have a sewing studio, have a fashion themed shopping spree.



LEARNING WISH IDEAS

I WISH TO...

BE A SCIENCE EXPERT

Be an astronomer, be an astronaut, have a telescope, visit an observatory, have a space themed room redo, have a space themed shopping spree, virtually meet a space hero, be an archeologist, go on a dinosaur dig.

I wish to go on a dinosaur dig

Noah, 6
leukemia



EXPLORE TECHNOLOGY

Have a braille computer, have a home theater, have a YouTube Studio, have an iPad or a computer with downloaded learning programs, have a smart home, have a virtual reality system, have adaptive gaming system, have a gaming system, virtually meet a gamer, have a technology themed shopping spree, design your own video game.



TRAVEL SAFELY

Go to a museum, visit a National Park.

I wish to go to Northern Arizona

Alyssa, 15
respiratory disorder



FOCUS ON EDUCATION

Receive tuition, have a home classroom, have educational resources, have a home library, have a learning themed shopping spree, have a room redo.

